

## EXTENDING A HAND FOUNDATION

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### FUNDACION UNA MANO AMIGA

## 2018 ACHIEVEMENTS AND ACTIVITIES

2018 was an incredible year for our Foundation. We celebrated our first 20 years! Thanks to the wonderful volunteers and generous donors, during these first 20 years of work, effort, and love, we have achieved concrete goals to help children and elders from Agua de Dios, Colombia.



20 year-celebration video: <https://www.youtube.com/watch?v=WTNFIQQ5SLk>

Celebration with our kid's video: <https://www.animoto.com/play/z02zBgkuvv47wsx1bzNv6g>

## Backpacks of Love

We managed to deliver more than 400 bags full of shoes, school supplies, toys, and more. We gave our old people clothes, disposable diapers, wheelchairs, drive medical walkers, and much more. Their smiles were our greatest reward.

**Children from surrounding villages:** <https://animoto.com/play/LMpMR30XNk17S7nBBDSHlw>



**Children from Boarding Schools:** <https://animoto.com/play/z9MmMcd46eYEnlvihaDE7A>

**Elders from Guillermo Greffestein House:** <https://animoto.com/play/M3rNSXURa0rsHShbNOaUpA>





## Health Brigades

During 2018, children and elders received preventive and curative medical consultations and treatments in different health fields. More than 16 specialists generously donated their time and professional services to this community. We achieved more than 440 consultations in nutrition, gynecology, and pediatrics. In Ophthalmology, 15 girls received prescription glasses and 4 elders benefited with eye surgery. Individual cases were treated in the psychological area, as well as some Family Therapy sessions were provided. In Dentistry, all children from different zones got their dental hygiene, fluoride, and health training, while elderly people obtained dental prostheses. On the other hand, girls had their gynecological check-ups, and all the children had their pediatric check-ups.






**B.S.2018 - Resultados cuantitativos**

Lugar	Pediatría	Ginecología	Nutrición	Oftalmología/ Optometría	Medicina General	Psicología Grupal	Psicología Sesiones Individuales	Psicología Sesiones de Familia	Oncología/ Prótesis
Intenado Santa Ana	20	15	20	30		24	36	5	20
Intenado Santa Elena	32	20	32			28			32
Intenado Naxatzi	26		26			22			26
Antimato				11	70				20

**Total de consultas: 445**

<https://www.youtube.com/watch?v=HcF1LyXVNFEE>

[https://www.youtube.com/watch?v=tgdZn\\_Bzl54](https://www.youtube.com/watch?v=tgdZn_Bzl54)

<https://www.youtube.com/watch?v=SJRCHl3xQVs>

<https://www.youtube.com/watch?v=PnyIHveDOs0>

## Our Mega-Project:

### The Santa Ana Boarding School First Phase

Our main project, the construction of the new Santa Ana Boarding School, concluded its first phase. The dormitory building for 40 girls was finished. These girls lived in the old boarding school in a limited and dangerous environment. The construction work lasted 6 months and was inaugurated at the end of December 2018. **Peace in our hearts to know that these girls are now living in a safe and beautiful home!**



GRACIAS A DIOS HOY YA 40 NIÑAS EN AGUA DE DIOS TIENEN UN HOGAR DIGNO Y SEGURO PARA VIVIR



### What's next?

**There is still a lot to do!** The second phase of the Construction Project is the School for 150 children. The work started in June, and **we need your support.** Thanks to the valuable contribution from Cepeda Systems, we only need to collect the US \$ 45,000 to complete this phase, which is a big challenge for the Foundation.



## **Help us to achieve this dream!**

You can make your donation in the following way:

1. Directly on our website: [www.extendingahand.com](http://www.extendingahand.com)
2. Through the GoFundMe Fundraisers:

<https://www.gofundme.com/manage/lets-build-a-school-for-150-children-in-colombia>

<https://www.gofundme.com/manage/construyamos-un-colegio-para-150-ninos-en-colombia>

3. All in-kind donations are also welcomed! We need construction and finishing materials. We will send a list of the required materials soon.
4. Promote this project in your company or your work so that their social, corporate or philanthropic donations go directly to *Extending a Hand Foundation*.
5. Make your purchases at [smile.amazon.com](http://smile.amazon.com) and select "Fundación Una Mano Amiga", Delray Beach, FL, as the charity you support. Amazon will donate a percentage of your purchases to our Foundation.

**THANK YOU!**

**We have received great support from different organizations that have allowed our Extending a Hand family to grow year after year.**

**Thanks to your generosity the number of children and adults benefited has increased considerably.**



***From all of our hearts we thank to:***

**USA:**

- **Cepeda Systems**, as our main sponsor, for your important donation to the construction of the Santa Ana Boarding School residential and school areas.
- **Liquid Metal**
- **Macro Enter**
- **ICause**
- **Damas Colombianas Voluntarias (Weston and Miami)**
- **Amano Artisans**
- **Hispanic Social Net**
- **La Poderosa, Wyndwood, Florida**
- **Carolina Herrera**
- **Mi Pueblo Restaurant**
- **Coralway Colombian Lions Club**
- **Administrative Committee in La Florida**
- **To all the people who supported us in the activities carried out in 2018, including the GoFundMe campaigns.**

**COLOMBIA:**

- **Colombia Management Board**
- **Institute of Ophthalmology Salamanca:** Thanks for the ophthalmological treatments and surgeries donated to children and to the elderly since the Health Brigades began.
- **La Leona Restaurant:** Thank you for your annual donation of groceries, refreshments and many other things.
- **To all the people who supported our activities during 2018, including The Traditional-Annual Bingo Game Pureza de Maria School, Raffles, Charity Dinner at Cocina Viva, Major Gala: A 20-Year Celebration of Extending a Hand Foundation, and the GoFundMe campaigns.**

**JOIN UP NOW! There's still a lot to do, and we are their only hope...**

**VISIT OUR WEBSITE** <https://www.extendingahand.org/>, to learn more about the projects for 2019 and how you can contribute to this beautiful cause, and other relevant information.

***LIVE, LOVE, LEARN, CONTRIBUTE, BE PART!***